

# Cell Phone Contract

We are excited that you have a cell phone! It is a tool that can be used for great things! Let's go through the expectations.

1. I understand that the rules below are for my safety and that my parents love me more than anything in the world. I understand that my parents want to give me freedom, while also giving me enough security to make smart choices. Initial here: \_\_\_\_\_
2. I promise to give my parents my phone's passwords. I understand that my parents have a right to look at my phone whenever there's a need for them to do so, even without my permission. Initial here: \_\_\_\_\_
3. I will not use my phone after I go to bed. Initial here: \_\_\_\_\_
4. I will not send or receive naked photos. Ever. I understand that there could be serious legal consequences that could put me and my parents' future at-risk. Initial here: \_\_\_\_\_
5. I will never search for porn or anything else that I wouldn't want grandpa finding. Initial here: \_\_\_\_\_
6. I understand that my behavior on my phone impacts my future reputation—even in ways that I am not able to predict or see now. Initial here: \_\_\_\_\_
7. I promise I will tell my parents when I receive suspicious or alarming phone calls or text messages from people I don't know. I will also tell my parents if I am being harassed by someone via my cell phone. Initial here: \_\_\_\_\_
8. I won't text and drive. I understand it's very dangerous and very stupid. Initial here: \_\_\_\_\_
9. I will make an effort to learn phone and internet etiquette. I understand this is an extension of normal manners. I will turn off, silence, and put my device away in public—like at church, the movies, or while speaking with another human being. Initial here: \_\_\_\_\_
10. I will NEVER use my phone or social media to bully or tease anyone, even if my friends think it's funny. Initial here: \_\_\_\_\_
11. I will not lie about where I have been or how I am using the phone. I promise to answer questions openly, honestly, and directly. Initial here: \_\_\_\_\_
12. I won't value my phone over face-to-face communication. Initial here: \_\_\_\_\_
13. When my parents text or call me I will respond as soon as I am able. Initial here: \_\_\_\_\_
14. I will pay my parents for data usage and will use WiFi rather than data whenever possible. Initial here: \_\_\_\_\_
15. I understand that this is NOT my device (even though I paid most of it). Having this phone is not a right—it is a privilege that can be taken away. I understand that I live in my parents' house and therefore, I follow their rules (even if I'm over 18). As such, I have read the following document and agree to the above rules. I understand that if I have any questions, I should talk to my parents face-to-face. Initial here: \_\_\_\_\_

If at any time any of the above are violated, we will have a face-to-face discussion to discuss the next steps; which will probably include surrendering my device.

Sign here: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

"May these words of my mouth and this meditation of my heart be pleasing in your sight, LORD, my Rock and my Redeemer."